


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Staff Leader Key Kathryn Vecchio- KV Brianna Gendron- BG Damaris Cami-Staples- DS Kelly Lanzillo-KL Kathleen McCall- KM	All Activities are subject to change. Please contact Kathryn at (518) 371-2200 with any questions or concerns.			National Peanut Butter Day 1 10:00 HL Chair Dancing (KL) 11:00 HL Sing-A-Long (KL) 1:00 TS Walking Group (DS) 2:00 TS Peanut Butter Snack Tasting (KV) 3:30 HD Bingo (DS) 6:00 HL Movie Night (DS)	2 10:00 DR News, Coffee, and Magazines (KM) 11:00 DR Manicures (KM) 2:00 TS Walking Group (KM) 3:30 MD Wreath Decorating (KM) 6:00 HL Meditation & Relaxation (KM)
3 10:00 DR News, Coffee, and Magazines (BG) 10:30 HL Catholic Mass 2:00 HL Sunday Worship Service 3:30 TS Walking Group (BG) 6:00 HL Hollywood Classics (BG)	4 10:00 HL Sit & Be Fit (BG) 11:00 AP Let's Get Craftin' (BG) 1:00 TS Walking Group (BG) 2:00 MD Paint & Sip 3:30 HL Sing-A-Long (BG) 6:00 HL America Says (BG)	5 10:00 HL Chair Yoga 11:00 MD Card Making 2:00 HL Swaying with the Stars w/ Terri Krul (Guest) 3:30 HL Resident Council Meeting (DS) 6:00 HL Mind Bender (DS)	6 10:00 O Clifton Park-Halfmoon Library Visit (Outing) 2:00 TS Walking Group (KM) 3:30 HD Patty O'Sax (Musician) 6:00 HL Humor Hour (KM)	7 10:00 HL Chair Zumba (KM) 1:00 AP Puzzle Group (DS) 2:00 HL Food for the Journey (DS) 3:30 MD Baking Club (DS) 6:00 HL Night Devotional (DS)	8 10:00 HL Sittercise (KL) 11:00 HL Parachute Games (KL) 1:00 TS Walking Group (DS) 2:00 O Hometown Ride (Outing) 6:00 HL Movie Night (DS)	9 10:00 DR News, Coffee, and Magazines 11:00 HL Sing-A-Long 2:00 TS Walking Group 3:30 MD Necklace Making
10 10:00 DR News, Coffee, and Magazines (BG) 10:30 HL Catholic Mass 2:00 HL Sunday Worship Service 3:30 HL Corn Hole (BG) 6:00 HL Hollywood Classics (BG)	11 10:00 HL Sittercise (BG) 11:00 AP Let's Get Craftin' (BG) 1:00 O Irish American Heritage Museum (Outing) 6:00 HL Family Feud (BG)	12 10:00 HL Chair Yoga (BG) 11:00 HL Balloons & Paddles (BG) 2:00 HD Happy Hour w/ Laura Collins (Musician) 3:30 HL Around the World: Ireland (DS) 6:00 HL Irish Folk Tales and Legends (DS)	13 10:00 HL Sit & Be Fit (BG) 11:00 HD Morning Coffee w/ Carol Margulies (Musician) 2:00 HL Peregrine University-History of St. Patrick's Day (KV) 3:30 TS Bingo (KM) 6:00 HL Humor Hour (KM)	14 10:00 HL Chair Zumba (KM) 11:00 MD All about Butterflies (KM) 1:30 HD Beverly (Musician) 2:00 HL Food for the Journey (DS) 3:00 MD Baking Club (DS) 6:00 HL Trivia (DS)	15 10:00 O Morning Ride around Saratoga Lake 1:00 TS Walking Group 2:00 TS Bingo (DS) 3:00 TS Shamrock Social (KV) 6:00 HL Movie Night (DS)	16 10:00 DR News, Coffee, and Magazines (KM) 11:00 DR Manicures (KM) 2:00 TS Walking Group (KM) 3:30 HD Board Games (KM) 6:00 HL Meditation & Relaxation (KM)
17 10:00 DR News, Coffee, and Magazines 10:30 HL Catholic Mass 2:00 HL Sunday Worship Service 3:30 TS Walking Group 6:00 HL Hollywood Classics	18 10:00 HL Sittercise (BG) 11:00 AP Let's Get Craftin' (BG) 1:00 TS Walking Group (BG) 2:00 TS Celebrate A Resident (KV) 3:30 HL Reminisce Old Toys (BG) 6:00 HL Jeopardy (BG)	First Day of Spring 19 10:00 HL Chair Yoga (BG) 10:45 O Proctors Organ Series (KV) 2:00 TS Happy Hour w/ Jeff Gonzalez (Musician) 3:30 AP Flower Arranging (DS) 6:00 HL Welcome Spring (DS)	20 10:00 HL Cardio Drumming (BG) 11:00 AP Sensory Sensation (BG) 2:00 TS Walking Group (KM) 3:30 TS Bingo (KM) 6:00 HL Humor Hour (KM)	21 10:00 HL Chair Zumba (KM) 11:00 HL Balloons & Paddles (KM) 1:00 AP Puzzle Group (DS) 2:00 HD Music Cats Duo (Musician) 3:30 HD Meditation & Singing (DS) 6:00 HL Reminiscing (DS)	22 10:00 HL Sit & Be Fit (KL) 11:00 HL Trivia (KL) 1:00 TS Walking Group (DS) 2:00 AP Spa Day (DS) 3:30 HD Bingo (DS) 6:00 HL Movie Night (DS)	23 10:00 DR News, Coffee, and Magazines 11:00 HL Sing-A-Long 2:00 TS Walking Group 3:30 AP Puzzles 6:00 HL Trivia
24 10:00 DR News, Coffee, and Magazines (BG) 10:30 HL Catholic Mass 2:00 HL Sunday Worship Service 3:30 HL Hot Potato (BG) 6:00 HL Hollywood Classics (BG)	25 10:00 HL Strengthening Class (BG) 11:00 O Brunch at Cracker Barrel (KV) 2:00 HL America Says (BG) 2:00 TS Walking Group (BG) 3:00 TS March Birthday Party (KV) 6:00 HL Trivia (BG)	26 10:00 HL Chair Yoga (BG) 11:00 AP Let's Get Craftin' (BG) 2:00 HD Happy Hour w/ Carmen Lookshire (Musician) 3:30 HL Healing Service (DS) 6:00 HL Brain Teaser (BG)	27 10:00 HL Music & Movement (BG) 11:00 TS Decorating Easter Eggs (KV) 2:00 TS Walking Group (KM) 3:30 TS Bingo (KM) 6:00 HL Humor Hour (KM)	28 10:00 HL Chair Zumba (KM) 11:00 HL Balloons & Paddles (KM) 1:00 AP Puzzle Group (DS) 2:00 HL Food for the Journey (DS) 3:30 AP Gardening Club (DS) 6:00 HL Chicken Soup for the Soul (DS)	29 10:00 HL Sit & Be Fit (KL) 11:00 HL Parachute Games (KL) 11:00 HR Veterans Group (KV) 2:00 HD Bingo (DS) 3:00 TS Afternoon tea w/ Easter Bunny (KV) 6:00 HL Movie Night (DS)	30 10:00 DR News, Coffee, and Magazines (KM) 11:00 DR Manicures (KM) 2:00 TS Walking Group (KM) 3:30 HL Famous Faces (KM) 6:00 HL Meditation & Relaxation (KM)
31 10:00 DR News, Coffee, and Magazines 10:30 HL Catholic Mass 2:00 HL Sunday Worship Service 3:30 TS Walking Group 6:00 HL Hollywood Classics						