

Colebrook ∞ Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114



Greeted by the Yard Goat's Mascot was a Great Way to start our day at the Ballpark! We could not have asked for better weather and our seats were fantastic! Such a nice way to spend a Sunday Afternoon! Looking forward to Next Year!



Let's Make a Deal with shakes wasn't the only game going on at Colebrook...upstairs in the Library, our Bridge players were busy with their game...they loved their special delivery! Happy Nat'l Shake Day!



October 2024






Twisty Treat

From ballgames to happy hours to Oktoberfest celebrations, pretzels are a staple of the snacking world. Since their invention sometime in the Middle Ages, the baked treats' twisted knots have held multiple meanings, including good fortune and new beginnings.



A special thank you to our wonderful volunteer Sadie! What started out as service hours needed for school has turned into so much more! She no longer needs to come to Colebrook she wants to, thanks for the treats for Grandparents Day!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Birthdays! <ul style="list-style-type: none"> • Marie S. 10/3 • Leona C. 10/14 • Ida M. 10/20 • Frank M. 10/25 • Julie D. 10/29 Happy Birthday to You All!	A Trip to the Hebron Fair...so Fun! 	1 9:00 PW Blood Pressure Clinic! 10:00 PW Senior Stability Class! 10:30 IA Art with Deb! 10:30 IA Wordle! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training	2 10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 EW Parkinson's Group 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	3 9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	4 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	5 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
6 9:15 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:30 PW Cardio Drumming! 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	7 10:00 PW Balance Class 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Drumming! 3:00 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!	8 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 MN Oktoberfest! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	9 10:00 PW Tabata Balance Class 10:30 IA Out Trip Lunch at Windham Tech 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	10 9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	11 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	12 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
13 9:15 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	14 Columbus Day 10:00 PW Balance Class 10:00 IA Shopping Out Trip to Ocean State Job Lot 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 IA Eric The Plant Guy 2:00 SW Bible Study 2:30 PW Cardio Drumming! 4:00 SW Social Time 6:30 MN Movie Night!	15 10:00 PW Senior Stability Class! 10:30 IA Art with Deb! 10:30 IA Wordle! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Foundry Quartet!	16 10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA Visit with Steve Weir, State Rep! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	17 9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 11:00 SW Catholic Mass with Fr Mike 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	18 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 IA Bea Smith Traveling Clothing Store 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time	19 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
20 9:15 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 2:15 IA Balloon Volleyball! 3:00 IA UNO! 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	21 10:00 PW Balance Class 10:00 IA Shopping Out Trip to Walmart/Aldi 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 SW Resident Council 2:00 SW Bible Study 2:30 PW Cardio Drumming! 3:00 IA Genealogy with Cathy! 4:00 SW Social Time 6:30 MN Movie Night!	22 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 MN Concert with The Two Timers! 3:00 PW Corn Hole! 3:00 IA Great Course Lecture Series 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	23 10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	24 9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:15 PW Balloon Volleyball! 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	25 9:30 SW St. Peter's Episcopal Pre-Recorded Service 10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:15 IA Colebrook Vivacious Voices! 2:30 PW Boot Camp! 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	26 Can/Bottle Drive for Alz! 9-Noon! 9:30 IA Team Sudoku! 10:30 IA Great Courses: Lecture Series 11:00 PW Yoga with Loni! 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
27 9:15 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 2:00 EW Girl Scout Costume Parade! 3:00 IA UNO or Balloon Volleyball 4:00 IA Res-Led Rummikub, Cards, Games! 6:30 MN Movie Night!	28 10:00 PW Balance Class 10:00 IA Shopping Out Trip to Dollar General 10:30 EW AHM Play Group Play Date! 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:00 SW Bible Study 2:30 PW Cardio Drumming! 3:00 IA Wii Jeopardy 4:00 SW Social Time 6:30 MN Movie Night!	29 10:00 PW Senior Stability Class! 10:30 IA Wordle! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Fun Fitness! 2:00 IA Fall Seminar with Kate from Enliven! 3:00 IA Great Course Lecture Series 3:00 IA Mexican Train 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 EW Pet Therapy Training 6:30 MN Movie Night!	30 10:00 PW Tabata Balance Class 10:30 IA Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 PW Seated Cardio with Music! 2:00 IA Creative Corner 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	31 9:30 IA Team Sudoku! 10:00 PW Senior Stability Class! 11:00 SW Service with Father Ron 1:00 IA Birds and Beyond! 1:30 EW Jax, the Therapy Dog! 2:00 IA Bridge 2:15 PW Sit and Fit with a Twist! 3:00 SW Halloween Party! 4:00 SW Social Time 6:30 MN Movie Night	Busy Crafting Our Sunflowers, They Turned Out GREAT! 	

October 2024



National Assisted Living Week was filled with special treats but ended with a wonderful wine and cheese party courtesy of Hancock Pharmacy! We were treated to platters overflowing with cheese and fruit, and our cups runneth over with wine as well! A nice way to end the week in community with one another! It makes us all thankful for the blessings that we have and appreciative of the family that Colebrook Village has grown into! Colebrook is A Beautiful Place to Call Home!

“This Month In History” OCTOBER

1900: The U.S. Navy commissions its first modern submarine, the USS Holland, named for its designer, John Philip Holland.

1907: One of the world’s landmark hotels, the Plaza opens in New York City.

1915: Woodrow Wilson becomes the first U.S. president to attend a World Series game.

1929: The New York Stock Exchange crashes on what will later be known as “Black Tuesday.”

1935: Considered one of the first great American operas, George Gershwin’s “Porgy and Bess” premieres on Broadway.

1947: Air Force pilot Chuck Yeager flies an experimental plane and becomes the first person to break the sound barrier.

1950: Charles Schulz’s “Peanuts” comic strip debuts in several newspapers.

1962: The Beach Boys release their debut album, “Surfin’ Safari.”

1972: Called the “Match of the Century,” American Bobby Fischer wins the World Chess Championship by defeating Boris Spassky of the Soviet Union.

1986: The International Olympic Committee announces it will change its 70-year tradition and hold the Summer and Winter Games in different years.

1998: Comedian Richard Pryor receives the first Mark Twain Prize for American Humor.

2007: Alex Rodriguez signs a record 10-year, \$275 million contract with the New York Yankees. It was the richest deal in pro sports at the time.

2016: Singer-songwriter Bob Dylan is awarded the Nobel Prize for literature. He was the first songwriter to win the prestigious award.