# Colebrook Village at Hebron

55 John E Horton Blvd. • Hebron, CT 06248 • (860) 801-1114

A Beautiful Spring Day drew out big crowds to view the 2024 Solar Eclipse! We were prepared with our special viewing glasses to take in the spectacle!







The sky darkened enough for our porch lights to come on! Once we had our fill of the sights, we headed inside to enjoy the sounds of The Colebrook Vivacious Voices debut! We enjoyed their sun and moon inspired song selections, then filled ourselves with Eclipse inspired goodies!

### May 2024



We Celebrated Baseball's Opening Day a week late due to a "Rain Delay," but once again we had rain! We didn't let it stop us this time and enjoyed a game of Baseball followed by Ballpark Snacks! Hot Dogs and Cracker Jack! Yum!

### **150th Kentucky Derby**

The world's most exciting two minutes in sports will bring even more excitement this year, as thousands will gather to watch the 150th Kentucky Derby on May 4. Several special events are scheduled to mark this milestone, including the fashion-focused "Derby Through the Decades" on Opening Night of the festivities, April 27. Churchill Downs will also unveil its renovated paddock, offering attendees luxury seating and an up-close look at the horses before the Race for the Roses begins. We will enjoy the Derby here at Colebrook starting at 6pm! Plan on coming to cheer on your favorite horse and of course enjoy a Mint Julep!

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### May 2024

SW Spiritual Wellness
PW Physical Wellness
IA Intellectual Wellness
SW Social Wellness
MN Entertainment or Movie

WV 11001011				MN Entertainment or Movie		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May Birthdays!  Lou O. 5/12  Ryk N. 5/12  Judy S. #7 5/13  Judy K. 5/17  Bill W. 5/18  Barbara E. 5/23  Jeri D. 5/26  Happy Birthday to You All!	April Fools' Day, Wet T-shirt Contest Fun, Just Don't Mess With the Wine!	Trash to Treasure Is a Hit!	10:00 WW Balance Class 10:30 W Out Trip 10:30 W Parkinson's Group 10:30 W UNO! 12:45 W Guided Meditation! 1:30 W Seated Cardio with Music! 2:00 W Creative Corner 2:30 W Scenic Drive 3:00 W Pick A Prize Bingo 4:00 W Social Time 6:30 WN Movie Night	9:30 A Team Sudoku! 10:00 PW Senior Stability Class! 10:30 SW Topics and Chat with RHAM Students! 1:30 EW Jax, the Therapy Dog! 2:00 A Bridge 2:15 PW Sit and Fit! 3:15 PW Balloon Volleyball 3:15 IA Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 SW Make a Derby Hat! 2:30 PW FUNctional Fitness 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	Derby Day! 9:30 A Team Sudoku! 10:30 PW Cardio Drumming! 10:30 A Great Courses: Lecture Series 1:15 A Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:00 SW Kentucky Derby Party!
Cinco De Mayo! 5 8:40 SW Transportation To Local Churches 0:00 SW Televised Catholic Mass 0:30 SW Second Cup Sunday! 1:00 IA Wii Bowling! 1:00 MN Sunday at the Opera 1:15 IA Balloon Volleyball! 2:00 SW Left Right Center! 3:00 SW Cinco De Mayo Social Time! 4:00 IA Res Led Rummikub, Cards, Games! 6:30 MN Movie Night!	Nurses Day, Thank Ours Today!  10:00 Nurses Day, Thank Ours Today!  11:00 Nurses Day,	9:00 PW Blood Pressure Clinic! 10:00 PW Senior Stability Class! 10:30 A Wordle! 11:00 PW Yoga with Loni! 1:00 A Bridge 1:15 PW Boot Camp! 2:00 MN Concert with Rick Lovallo! 3:00 PW Corn Hole! 3:00 A Story Time with Jacqueline 3:15 A Great Course Lecture Series 4:00 SW Social Time 5:45 W Pet Therapy Training	10:00 PW Balance Class 10:30 EW Out Trip 10:30 A UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	9:30 A Team Sudoku! 10:00 W Senior Stability Class! 11:00 W Catholic Mass with Fr Mike 1:00 A Bird's Eye View! 1:30 W Jax, the Therapy Dog! 2:00 A Bridge 2:15 W Balloon Volleyball! 3:15 A Great Course Lecture Series 4:00 W Social Time 6:30 MN Movie Night	10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:30 PW FUNctional Fitness 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	9:30 IA Team Sudoku! 10:30 PW Cardio Drumming! 10:30 IA Great Courses: Lecture Series 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 A Wii Bowling! 1:00 MN Sunday at the Opera 1:15 A Balloon Volleyball! 2:00 SW Left Right Center! 2:45 A UNO! 4:00 A Res Led Rummikub, Cards, Games! 6:30 MN Movie Night!	10:00 PW Balance Class 10:00 IA Shopping Out Trip to Eastbrook Mall Area 10:30 IA Wii Jeopardy 11:00 IA Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 1:30 IA Eric The Plant Guy 2:30 PW Cardio Drumming! 4:00 SW Social Time 6:30 MN Movie Night!	10:00 PW Senior Stability Class! 10:30 A Wordle! 11:00 PW Yoga with Loni! 1:00 A Bridge 1:00 PW Wii Bowling! 1:15 PW Boot Camp! 2:00 A Hydration Seminar with Enliven 3:00 A Mexican Train 3:00 A Story Time with Jacqueline 3:15 A Great Course Lecture Series 4:00 SW Social Time 5:45 W Pet Therapy Training	150:00 PW Balance Class 10:30 W Out Trip to The Uncommon Kitchen 10:30 A UNO! 12:45 W Guided Meditation! 1:30 A Colebrook Vivacious Voices 1:30 PW Seated Cardio with Music! 2:00 A Pick A Prize Bingo 3:00 MN RHAM Middle School Jazz Performance! 4:00 SW Social Time 6:30 MN Movie Night	9:30 A Team Sudoku! 10:00 PW Senior Stability Class! 10:30 SW Coffee, Tea and Chat! 1:00 A Bird's Eye View! 1:30 W Jax, the Therapy Dog! 2:00 A Bridge 2:15 PW Sit and Fit! 3:15 PW Balloon Volleyball 3:15 A Great Course Lecture Series 4:00 SW Social Time 6:30 MN Movie Night	17 10:00 PW Balance Class 10:30 A Resident Shuttle to Ted's & CVS 10:30 A White Board Wheel of Fortune! 11:00 A Bea Smith Traveling Clothing Store 11:00 SW Rosary 1:00 A Music Appreciation 2:30 PW FUNctional Fitness 3:00 A Wordle/Word Within A Word! 3:30 A Country Store 4:00 SW Social Time 6:30 MN Movie Night!	9:30 IA Team Sudoku! 10:30 PW Cardio Drumming! 10:30 IA Great Courses: Lecture Series 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 A Wii Bowling! 1:00 MN Sunday at the Opera 1:15 A Balloon Volleyball! 2:00 MN Concert with Tony Rarus! 3:00 A UNO! 4:00 A Res Led Rummikub, Cards, Games! 6:30 MN Movie Night!	10:00 W Balance Class 10:00 A Shopping Out Trip to Ocean State Job Lot 10:30 A Wii Jeopardy 11:00 M A Armchair Travel 1:00 M Matinee Showing of Musical Monday! 1:30 W Resident Council 2:00 A Book Chat & Review! 2:30 W Cardio Drumming! 3:00 A Genealogy with Cathy! 4:00 W Social Time 6:30 M M Movie Night!	10:00 PW Senior Stability Class! 10:30 A Wordle! 11:00 PW Yoga with Loni! 1:00 A Bridge 1:15 PW Boot Camp! 2:00 PW Wii Bowling! 3:00 PW Corn Hole! 3:00 A Story Time with Jacqueline 3:15 A Great Course Lecture Series 4:00 SW Social Time 5:45 PW Pet Therapy Training 6:30 MN Movie Night!	10:00 PW Balance Class 10:30 EW Out Trip 10:30 IA UNO! 12:45 EW Guided Meditation! 1:30 EW Sing-A-Long 2:00 PW Seated Cardio with Music! 2:30 EW Scenic Drive 3:00 SW Pick A Prize Bingo 4:00 SW Social Time 6:30 MN Movie Night	9:30 A Team Sudoku!  10:00 W Senior Stability Class!  10:30 W Coffee, Tea and Chat!  1:00 A Bird's Eye View!  1:30 W Jax, the Therapy Dog!  2:00 A Bridge  2:15 W Sit and Fit!  3:15 W Balloon Volleyball!  3:15 A Great Course Lecture Series  4:00 W Social Time  6:30 MN Movie Night	10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:30 PW FUNctional Fitness 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	9:30 IA Team Sudoku! 10:30 PW Cardio Drumming! 10:30 IA Great Courses: Lecture Series 1:15 IA Name That Tune Jeopardy! 1:45 MN Movie Matinee 3:00 SW DOLLAR BINGO 4:00 SW Soda Saturday Social! 6:30 MN Movie Night!
8:40 SW Transportation To Local Churches 10:00 SW Televised Catholic Mass 10:30 SW Second Cup Sunday! 11:00 A Wii Bowling! 1:00 MN Sunday at the Opera 1:15 A Balloon Volleyball! 2:00 SW Left Right Center! 2:45 A UNO! 4:00 A Res Led Rummikub, Cards, Games! 6:30 MN Movie Night!	9:30 PW Walk Fit! 10:00 A Shopping Out Trip to Walmart/Aldi 10:30 A Wii Jeopardy 11:00 A Armchair Travel 1:00 MN Matinee Showing of Musical Monday! 2:30 PW Patriotic Cardio Drumming! 3:00 SW Off To The Races! 4:00 SW Social Time 6:30 MN Movie Night!	10:00 PW Senior Stability Class! 10:30 IA Wordle! 11:00 PW Yoga with Loni! 1:00 IA Bridge 1:00 PW Wii Bowling! 1:15 PW Boot Camp! 2:00 MN Mansfield Senior Chorus! 3:15 IA Great Course Lecture Series 3:15 IA Mexican Train 3:15 IA Story Time with Jacqueline 4:00 SW Social Time 5:45 W Pet Therapy Training	10:00 PW Balance Class 10:30 W Out Trip 10:30 W Out Trip 12:45 W Guided Meditation! 1:30 Colebrook Vivacious Voices 1:30 W Seated Cardio with Music! 2:00 Creative Corner 2:30 W Scenic Drive 3:00 W Pick A Prize Bingo 4:00 W Social Time 6:30 MN Movie Night	9:30 A Team Sudoku! 10:00 W Senior Stability Class! 11:00 W Service with Father Ron 1:00 A Bird's Eye View! 1:30 W Jax, the Therapy Dog! 2:00 A Bridge 2:15 W Sit and Fit! 3:15 W Balloon Volleyball 3:15 A Great Course Lecture Series 4:00 W Social Time 6:30 M Movie Night	10:00 PW Balance Class 10:30 IA Resident Shuttle to Ted's & CVS 10:30 IA White Board Wheel of Fortune! 11:00 SW Rosary 1:00 IA Music Appreciation 2:30 PW FUNctional Fitness 3:00 IA Wordle/Word Within A Word! 3:30 IA Country Store 4:00 SW Social Time 6:30 MN Movie Night!	A Visit From Mr. Magic Had Us All Mesmerized, How Did He Do That??

## May 2024



Colebrook residents came together to help provide a meal for people in need. Thank you to all that helped to prepare over 5 lbs of pasta salad and enough pulled chicken to feed 24 people! Amazing! It is so heartwarming to see so many show up to make this happen! Love that Colebrook is such a caring partner in our local community!

Keep up the Great Work!

### "This Month In History"

### **MAY**

**1922:** The Lincoln Memorial is dedicated. It took eight years to build the statue of U.S. President Abraham Lincoln and its surrounding building on Washington, D.C.'s National Mall.

**1939:** The caped crimefighter Batman makes his debut in issue No. 27 of "Detective Comics." The superhero was an instant hit with readers.

**1945:** Celebrations erupt worldwide after Allied leaders announce the end of fighting in Europe in World War II.

**1963:** High school junior Lesley Gore performs her first single, "It's My Party," on TV's "American Bandstand." The next week, the song topped the U.S. pop music chart.

**1971:** Merging 20 of America's passenger railroad services into one, Amtrak begins service.

**1994:** Nelson Mandela is inaugurated as South Africa's first Black president.

**2001:** Thousands line up to be the first customers when tech company Apple opens its first retail stores in Virginia and California.

**2019:** New York City officially renames the intersection of West 63rd Street and Broadway to Sesame Street to honor the 50th anniversary of the kids' TV show.

